

REGENT SCHOOL

FULL DAY 3K/UPK

DAILY SCHEDULE

8:00am – 8:20am (20 minutes)	<b>Arrival</b> – Wash Hands (upon entering), Breakfast, Attendance, Choice of Book, Puzzles, or Manipulatives
8:20am – 8:40am (20 minutes)	<b>Circle Time</b> – Greeting, Morning Message, Calendar/Weather, Introduce/Review Theme, Word Work, Shared Reading
8:40am – 8:55am (15 minutes)	<b>Music &amp; Movement</b> – Songs, Finger Plays and Nursery Rhymes
8:55am – 10:25am (90 minutes)	<b>Center Time</b> – Theme Related Activities in Centers (i.e. Dramatic Play, Blocks, Reading, Listening, Computer, Manipulatives, Math, Science, Art, Sand and Water, Writing)
10:25am – 10:40am (15 minutes)	<b>Wash Hands, AM Snack, Bathroom</b>
10:40am – 11:35am (55 minutes)	<b>Recess</b> – Outside/Gymnasium, Wash Hands, Drinks, Bathroom
11:35am – 12:05pm (30 minutes)	<b>Wash Hands – Lunch</b>
12:05pm – 12:20pm (15 minutes)	<b>Read Aloud</b>
12:20pm – 1:10pm (50 minutes)	<b>Rest Time</b>
1:10pm – 2:00pm (50 minutes)	<b>Center Time</b> – Theme Related Activities in Centers (i.e. Dramatic Play, Blocks, Reading, Listening, Computer, Manipulatives, Math, Science, Art, Sand and Water, Writing)
2:00pm – 2:15pm (15 minutes)	<b>End of Day Meeting – PM Snack</b>
2:15pm – 2:20pm (5 minutes)	<b>Prepare for Dismissal</b>
2:20pm	<b>Dismissal</b>